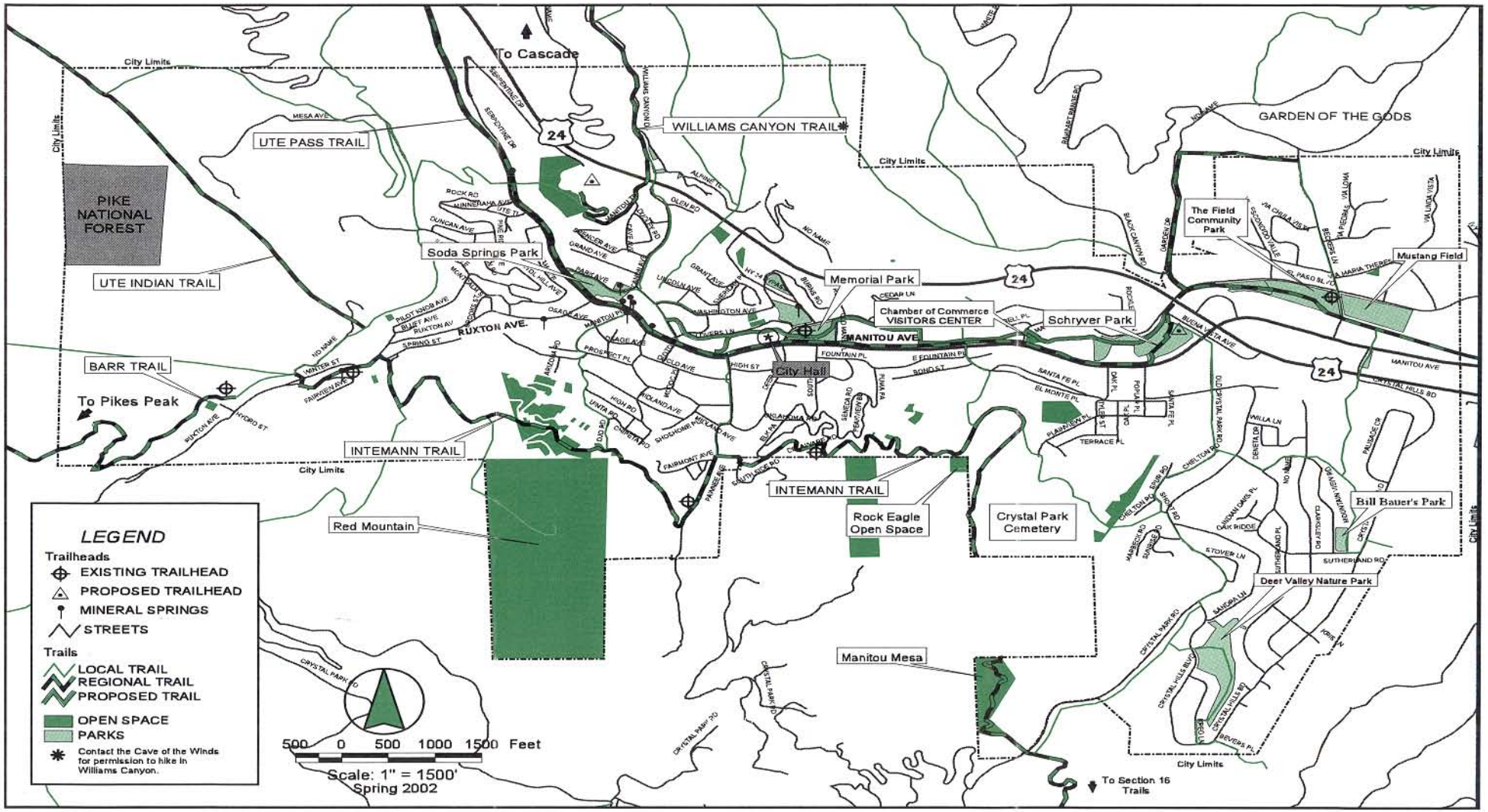City of Manitou Springs, Colorado – Open Space, Parks and Trails